



Stated Meetings 1st and 3rd Tuesdays

Mount Moriah Lodge No. 400 F. & A.M.
 Mark W. Plosila, Secretary
 Orlando, Florida 32809-6017



LODGE OFFICERS 2008

- Worshipful Master - Leslie R. Williams PM
- Senior Warden - Robert N. Simmons PM
- Junior Warden - TBA
- Senior Deacon - John Cabibbo
- Junior Deacon - Luther B. Pender
- Treasurer - Melvin H. Roe PM
- Secretary - Mark W. Plosila PM
- Marshal - TBA
- Chaplain - "Val" McLaughlin PM
- Senior Steward - TBA
- Junior Steward - TBA
- Tyler - Thom H. Doran PM

**PAST MASTERS, AFFILIATED PAST MASTERS,
 PAST GRAND MASTERS & UD MASTER**

- "Val" McLaughlin – PM Miami Temple 1981
- Ralph Lott – PM Boca-Delray 1982
- Keith W. Dean * - 1982 – PGM 1999
- Wesley M. Jester – PM Composite 1995
- Gary A. Johnson – PM Composite Lodge 1999
- Thom H. Doran – PM Oviedo Lodge 1997
- UD MM Lodge 2000
- PM MM Lodge 2001
- PM MM Lodge 2008
- Melvin H. Roe – PM MM Lodge 2002
- Leslie R. Williams – PM MM Lodge 2003
- Cornelius Kruchten * – PM MM Lodge 2004
- Mark D. Griffis – PM MM Lodge 2005
- Mark W. Plosila – PM MM Lodge 2006
- Robert N. Simmons – PM MM Lodge 2007

* Deceased



From the East



October 2009

From the East:

Brothers, let us attend our Stated Communications with zest and vigor! The well-being of our Craft demands it!!!

Today

By M.W. Brother Dewey H. Wollstein

Today I will meet life with a renewed courage.

Today I will put to work the philosophy that I have adopted, the religion that I claim.

Today I will think more of my blessings and less of my troubles.

Today I will speak a good word of another, the word that I failed to speak yesterday.

Today I will stop long enough to speak to a child.

Today I will ask God to give something to somebody else. The other fellow is struggling too.

Today I will place a sentinel over my mouth and guard my words.

Today I will try to be the man that I am capable of being.

Today I will elevate myself morally and spiritually by acts of love, by expressions of friendships, by thoughts of man's possibilities.

Today I will try to be a creature fashioned in the image of the Creator.

Today I will give something back to life for the privilege of life.

Words to live by: "One 'Today' is worth two tomorrows." Brother Benjamin Franklin

Worshipful Master

Leslie R. Williams PM

Mount Moriah No 400 F&AM

Four of our Brothers have a birthday coming up in October. Let us all wish them a very Happy Birthday: Ellis C.L. Adams, James E. Belcher, Peter S. Brown and Andrew S. Gluchov.

October Events

- 10/03/09 Masters and Wardens @ Eola 207 – 8am-10am
10/06/09 Mount Moriah Lodge No. 400 Stated Communication – 7:30pm
10/10/09 Scottish Rite Fall Reunion – Registration 5:30am
10/11/09 Scottish Rite Fall Reunion
10/14/09 District School of Instruction @ Eola 207 – 7:00pm
10/20/09 Mount Moriah Lodge No. 400 Stated Communication – 7:30pm
10/23/09 Scottish Rite Lights Out Radio Show – 7:30pm
10/24/09 Open books @ Winter Park – 9am to 3pm
10/28/09 District School of Instruction @ Eola 207 – 7:00pm
10/31/09 District 17 Lodge Officer workshop @ Eola 207 – 8:30am – 2:00pm

From the Secretary's Desk



Respectfully submitted,

Mark W. Plosila PM

Mark W. Plosila, Secretary
Mount Moriah Lodge No. 400

P.S. I would like to express a special "thank you" to W.: Bob Simmons for creating the template that was used to prepare this Trestleboard.